

THE CONSCIOUS TRIBES PROJECT 2024



What Can We Offer You?

THE CONSCIOUS TRIBES VISION

The vision that inspires the Conscious Tribes Project is explained in Mark's short book "Love & Revolution" which you can download for free, listen to for free, or buy as a paperback at cost of printing & postage.

[Download as Ebook](#)

[Listen as Audiobook](#)

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CONSCIOUS RELATING

Already grasped the vision?

Then the next thing is to start forming your local Conscious Tribe!

The Practice of Conscious Relating is the basic technique we recommend for bringing people together in deep presence and intimacy – and starting to become a Conscious Tribe. This is explained in detail in "Love & Revolution" - but there's also a summary explanation on the website, as well as free Guide Audios to support you as you begin to share the Practice of Conscious Relating with friends and like-minded people in your area.

[Explanation of The Practice of Conscious Relating](#)

[Guide Audio](#)

[Guide Audio with less words \(for people with some experience of the practice\)](#)

[Transcript of the Guide Audio \(to help you make your own Guide Audios\)](#)

EXTRA SUPPORT

Do you feel you'd like some extra support? Personally? In learning to live your daily life in Presence and Intimacy? Or as a group - as you begin to form your local Conscious Tribe?

PRIVATE SESSIONS: CONSCIOUS RELATING

Mark offers personal sessions online (video calls on Zoom) to understand and, more importantly, *to experience* the practice of Conscious Relating - the practice of presence and intimacy that serves as the foundation of Conscious Tribes. Sessions are usually between an hour and an hour and a half, and are free of charge - although a donation to support the Conscious Tribes project is always appreciated. If you would like to share the experience of a Conscious Relating session with Mark, get in touch by email. Sessions can be for individuals, couples or groups. Mark's email address is: markthemysticactivist@protonmail.com

MONTHLY OPEN MEETINGS ON ZOOM

We'll be meeting to experience the practice of Conscious Relating - and share, monthly, from June to December. The meetings will be open to everyone. No need to have attended a workshop, taken a course, or had a private session. Everyone's welcome. The meetings will be free of charge (donations to support the Conscious Tribes project are always appreciated). The meetings will be from 20h to 22h C.E.T (Spanish Time), on the third Monday of each month. The dates are: June 17, July 15, August 19, September 16, October 14, November 18, December 16. If you want to take part in a meeting, all you have to do is send an email to markthemysticactivist@protonmail.com (and you'll receive an email with the link to join the meeting).

FREE LOCAL AREA WEEKEND WORKSHOPS: "THE FORMATION OF THE TRIBE"

These are Weekend Workshops for groups of interested people who live in the same area, or existing Intentional Communities. Mark will come to you!

Find out more here:

[Weekend Workshop In Your Local Area](#)

FREE ONE DAY WORKSHOPS: "CONCIOUS RELATING The Foundation of an Alternative, Conscious Culture"

There isn't a group of interested people in your area? And anyway, you'd like to feel-into the Conscious Tribes Vision a bit more before initiating a Conscious Tribe in your local area?

Mark will be offering free, One Day Workshops in Catalunya and Aragon, Spain this Spring and Autumn.

Find out more here:

[One Day Workshops](#)

FREE ONLINE COURSES: "CONSCIOUS RELATING, CONSCIOUS COMMUNITIES"

There isn't a group of interested people in your local area? And Catalunya/Aragon too far away? You could take part in an Online Course.

Find out more here:

[Online Courses](#)

Or perhaps there's another way in which you'd like to be supported. ...

If so, just get in touch:

[Contact](#)

THE BLOG

Have you read/heard all the stories, articles and poems on the blog? They're not on themes that get outdated. And there's some really beautiful content there – not only about forming Conscious Tribes, but on the craziness of modern society, self-knowledge, relationships, and much more...

For ongoing inspiration you can visit the Conscious Tribes Blog, and subscribe if you want to:

[The Conscious Tribes Blog](#)

OTHER BOOKS

And then there are Mark's other books – available for free download as Ebooks, or for purchase as Paperbacks. Check out “The HanuHanu Gita – The Renowned Giant Orange Monkey's United-Nations-Sponsored Lecture Series”, and “Parallel Plandemics - Short Stories from the Annals of Parallel Earths” - two books full of wisdom, tenderness and crazy humour!

[Download Ebooks](#)

[Buy Paperbacks](#)

WANT TO STAY IN TOUCH?

To stay in touch and hear about new workshops, courses, books, articles and so on – you can subscribe to The Conscious Tribes Blog and join the Conscious Tribes Telegram Channel:

[Subscribe to the Blog](#)

[Join the Telegram Channel](#)

PLEASE SHARE!

And if you feel moved to – please share this information with your friends. For various reasons we are not on Facebook, Instagram, Twitter, and so on – so we would appreciate your help in letting people know about The Conscious Tribes Project. Thank you!



image by Duy Huyn
<https://www.duyhuynh.com>