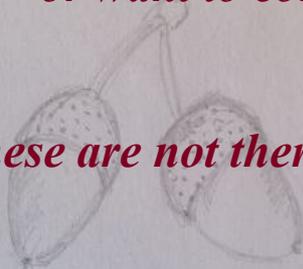
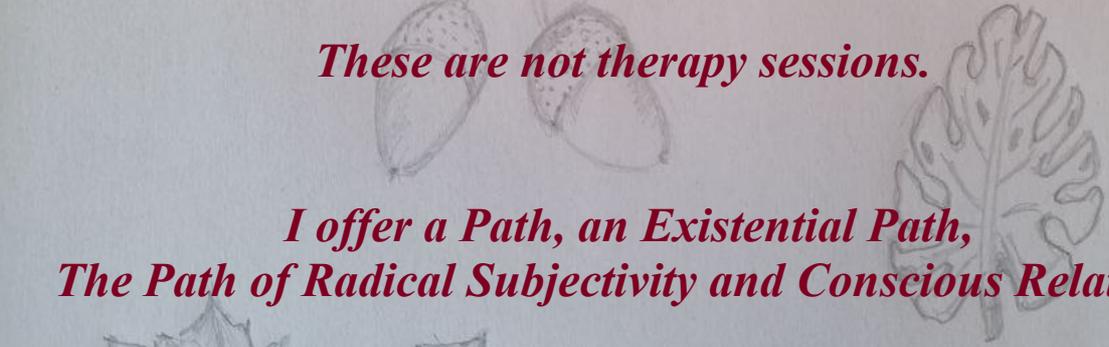


**PERSONAL SESSIONS**  
with  
**MARK**

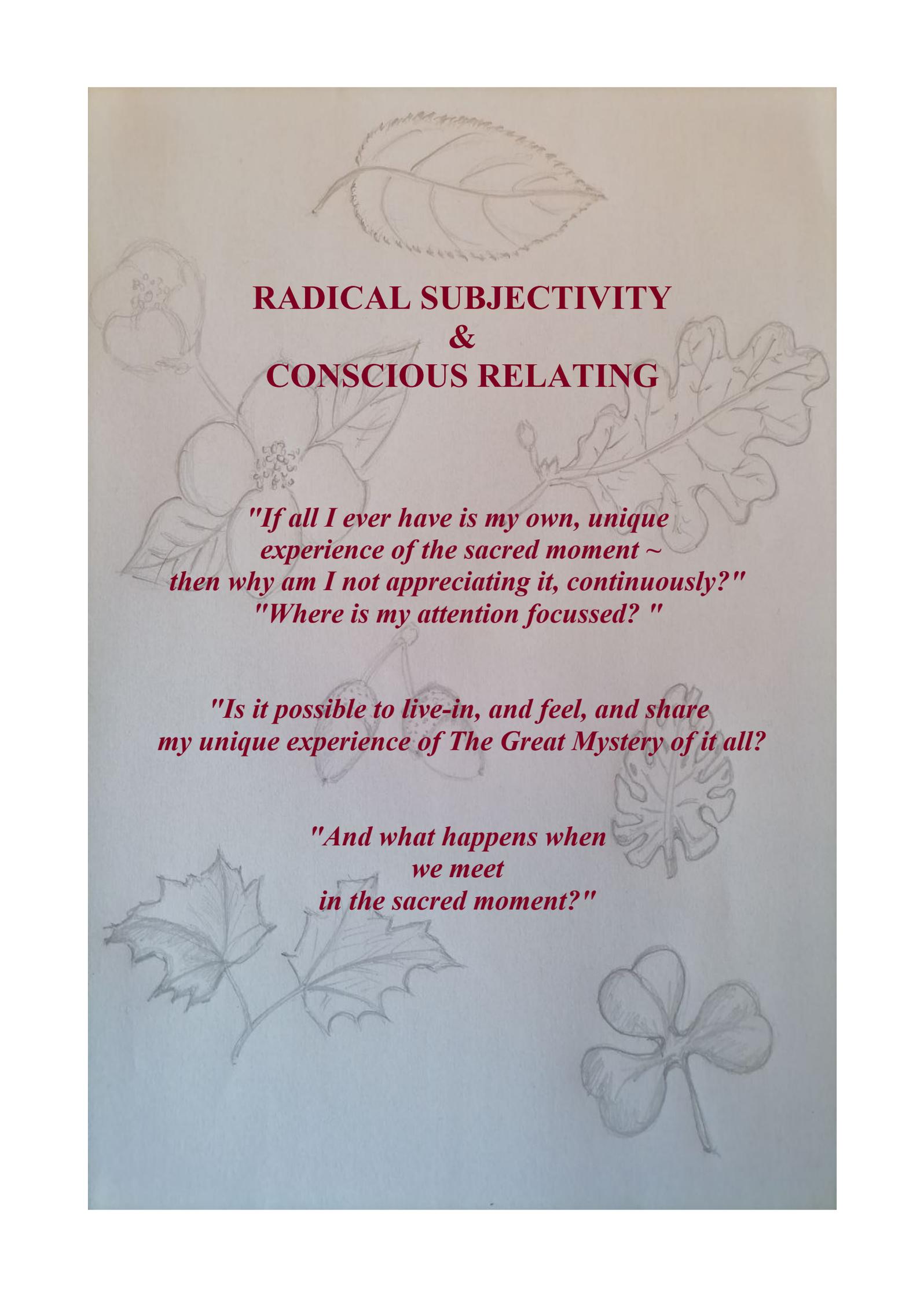
*Private, one-to-one sessions online ~  
or here in Catalunya if you live close enough,  
or want to come here.*



*These are not therapy sessions.*



*I offer a Path, an Existential Path,  
The Path of Radical Subjectivity and Conscious Relating.*



**RADICAL SUBJECTIVITY  
&  
CONSCIOUS RELATING**

*"If all I ever have is my own, unique  
experience of the sacred moment ~  
then why am I not appreciating it, continuously?"  
"Where is my attention focussed? "*

*"Is it possible to live-in, and feel, and share  
my unique experience of The Great Mystery of it all?"*

*"And what happens when  
we meet  
in the sacred moment?"*



*Walking The Path of Radical Subjectivity  
& Conscious Relating involves...*

*~ facing our aloneness, and not-knowing.  
Entering the magic of The Mystery*

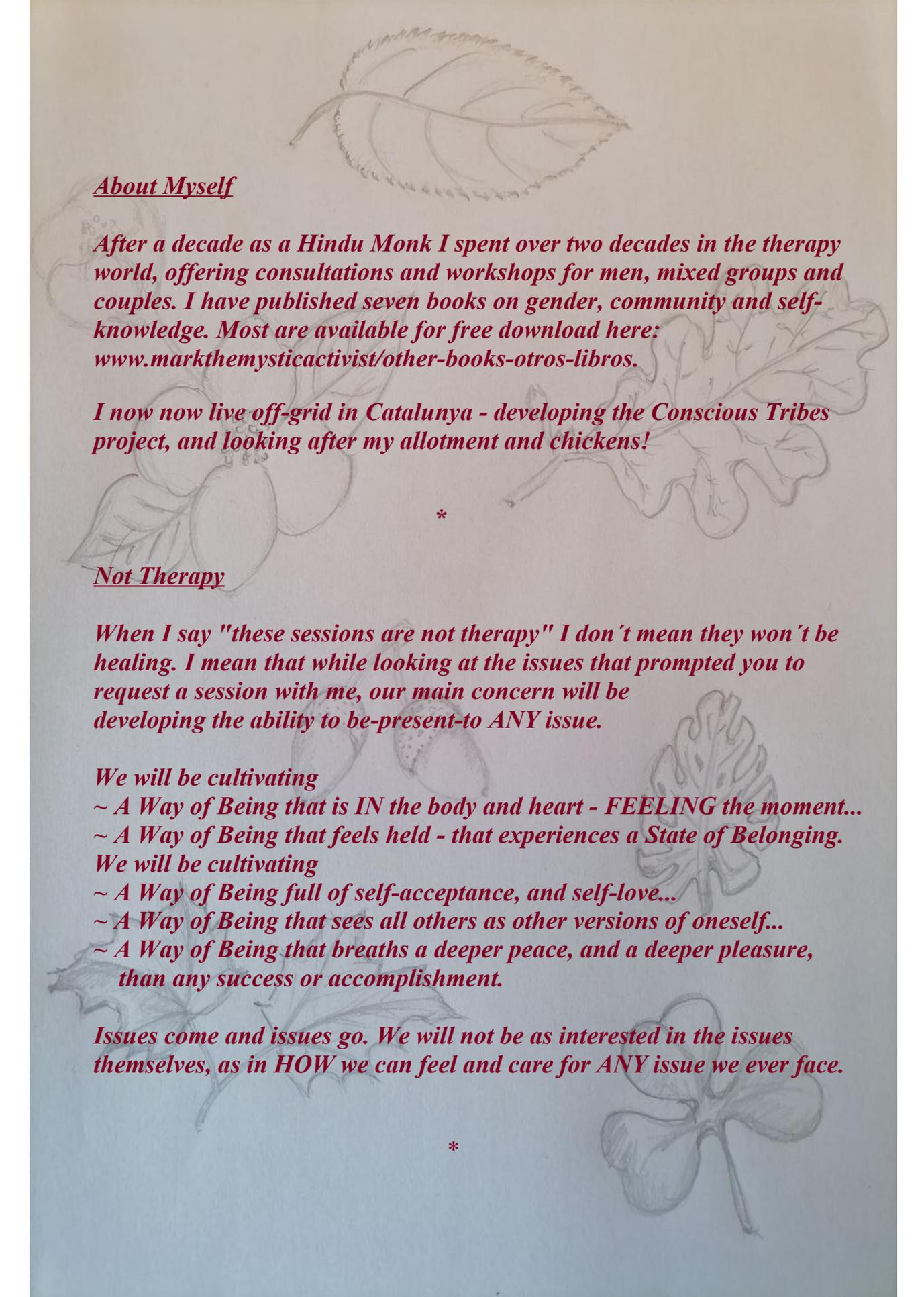
*~ taking total responsibility for how we relate  
to others, and everything*

*~ feeling our Belonging  
(feeling held and cared-for by The Great Mystery)*

*~ relating lovingly  
to our conditioned-self/character/avatar*

*~ relating to others from Centre/Self  
(not from our avatars/conditioned personalities)*

*~ experiencing our equality with everyone,  
and our sameness*



### About Myself

*After a decade as a Hindu Monk I spent over two decades in the therapy world, offering consultations and workshops for men, mixed groups and couples. I have published seven books on gender, community and self-knowledge. Most are available for free download here: [www.markthemysticactivist/other-books-otros-libros](http://www.markthemysticactivist/other-books-otros-libros).*

*I now now live off-grid in Catalunya - developing the Conscious Tribes project, and looking after my allotment and chickens!*

\*

### Not Therapy

*When I say "these sessions are not therapy" I don't mean they won't be healing. I mean that while looking at the issues that prompted you to request a session with me, our main concern will be developing the ability to be-present-to ANY issue.*

*We will be cultivating*

*~ A Way of Being that is IN the body and heart - FEELING the moment...*

*~ A Way of Being that feels held - that experiences a State of Belonging.*

*We will be cultivating*

*~ A Way of Being full of self-acceptance, and self-love...*

*~ A Way of Being that sees all others as other versions of oneself...*

*~ A Way of Being that breaths a deeper peace, and a deeper pleasure, than any success or accomplishment.*

*Issues come and issues go. We will not be as interested in the issues themselves, as in HOW we can feel and care for ANY issue we ever face.*

\*



Interested?

*If this is awakening your interest - please do get in touch.  
We can arrange a one-off, 1½hour session - for me to introduce you  
to the Path, and offer you an initial experience of  
the practice of Conscious Relating.  
I ask for a voluntary contribution, payable in advance, in exchange.*

*You might then want to do further sessions.  
But the introductory session will almost certainly be enough  
to 'set you off on the Path'.*

*You can get in touch with me through my website:  
[www.markthemysticactivist.com/contact](http://www.markthemysticactivist.com/contact)  
Or via Telegram: [t.me/conscioustribes](https://t.me/conscioustribes)  
Or Email: [markthemysticactivist@protonmail.com](mailto:markthemysticactivist@protonmail.com)*

More Info.

*You can find out more about Radical Subjectivity in my blog post:  
[www.markthemysticactivist.com/post/the-path-of-radical-subjectivity](http://www.markthemysticactivist.com/post/the-path-of-radical-subjectivity)*

*And the best place to find out more about Conscious Relating is  
in my book 'Love & Revolution', which you can download for free here:  
[www.markthemysticactivist.com](http://www.markthemysticactivist.com)*