

ONLINE COURSE

“CONSCIOUS RELATING, CONSCIOUS SOCIETIES”



An intimate, committed, priceless, five-week, online course with Mark The Mystic Activist

"We could establish alternative local economies, holistic health and education systems, and learn to live more naturally. We could, eventually, establish self-sufficient, sovereign local communities.

BUT, if we don't relate consciously, all we'll have done is reorganized ourselves. We would not have become the seed of a truly different society. We would have established better organized local communities - more ecologically organized, perhaps - but we would not have prepared the ground, or the energy field, for our grandchildren and their grandchildren to inherit a radically new culture of awareness, loving respect and beauty.

Does this mean that we have to abandon our resistance to the advance of Technocracy and Transhumanism? Of course not! Does this mean that we have to succumb to the dehumanization of humanity? No! Does it mean that we have to forget about decentralization, local community resilience, or respect for the other species (or 'nations') with whom we share this planet? Of course not! But it means that - simultaneously, and perhaps more importantly - we need to form Tribes of people who are educating themselves in the beauty and joy of conscious, deep and intimate relationships."

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* This five-week online course will explore - not intellectually, but through direct experience - how to relate with power, vulnerability, intimacy and presence. During the course, whatever topic we're discussing, or whatever we're sharing, our deeper focus will always be on HOW we relate to each other WHILE we are discussing and sharing.

This course is for people who are inspired by the vision of a more humane society - a society where there's more connection with our local areas, more connection with nature and, above all, more

authentic connection between us. It's for people who'd love to be part of such a community - a deep and beautiful community - right there, where they already live.

Everything we create always reflects the consciousness in which we create it - and that therefore, if we want to co-create an alternative culture, a conscious society, then we have to explore conscious relating.

And the quality of the awareness of our collaboration will determine the quality of the awareness of the new, alternative culture that we are now co-creating - for ourselves, for our children, and for the generations to come...

*"We are constantly relating -
with ourselves, with others, with our surroundings, with the moment...
So what could be more important than the quality of how we relate?"*

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COURSE INFORMATION

* *Voluntary Contribution.* The course is priceless! You give what you can, or what seems right to you. And thank you for your contribution - it allows me to further develop the Conscious Tribes Project. I accept British pounds, Euros, and Junas (the Free Currency G1). No one will be excluded for economic reasons.

* *Facilitation.* I call myself - as a joke, but seriously too - Mark the Mystic Activist. I will facilitate the course. I was a Hindu monk for ten years, and a psychotherapist specialised in gender and group work for over twenty years. Now I'm a homesteader farmer, living off grid in Catalonia. I am the founder of the Conscious Tribes project.

* *Conferences.* Every week there will be a video-conference of between 2 and 2½ hours.

* *Course Content.*

Each week we will do the practice of Conscious Relating - gradually progressing from more structured ways of doing the practice to more natural, flowing ways. We will also explore the practice in pairs, and then all together - as a Tribe. We will share our experiences of doing the practice. And we will look at the integration of Conscious Relating into our everyday lives.

* *Maximum number of participants.* 12

* *Time.* The video-conferences will be on consecutive Wednesday evenings at 20:00 CET (Spanish Time, Central European Time)

* *Dates.* The course will start on 19th April. So we'll be meeting on the 19th and 26th of April, and the 3rd, 10th and 17th of May.

* *Practice:* We will do the Conscious Relating Practice every Wednesday during the video conferences. Also, each week you will be asked to meet with a different person in the group - to do the practice together online. And if you find the experience enriching - I'd encourage you to invite people you know - a partner, children, parents, friends - to do the practice with you. That way, perhaps, you'll start to form your own local Tribe! (I will provide you with an audio that guides the

practice, to support you.)

* *Telegram.* We'll create a Telegram group especially for the people on the course. You'll be invited to share your practice experiences with the group - your doubts, your inspirations... I will fully participate in this group - giving personalized attention to everyone throughout the course.

* *Course Requirements.*

1. I ask that you read (or listen to) "Love & Revolution" - to ensure that the vision of Conscious Tribes resonates with you.
2. I ask that you commit to attending the five video-conferences, to meeting up (online) to do the practice between conferences, and to sharing your experiences of the practice in the Telegram group.

* To Reserve Your Place on the course, just contact me - and I'll send you the registration information.

* Questions: of course - any questions, just get in touch...

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CONSCIOUS TRIBES

Seeds of a Conscious Culture

Telegram: (channel) <https://t.me/conscioustribes>, (chat) <https://t.me/conscioustribeschat>

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